



Ythan Amateur Swimming Club

2017 Annual Meet

Ythan A.S.C. is pleased to invite your club to our Annual Meet to be held at the new Ellon Community Campus on Saturday 13th May 2017

Meet Information

This is a licensed meet where accreditation will be sought and therefore all entrants must be registered with SASA. The licence No. for this meet is **ND/L2/310/MAY17**

Ellon Swimming Pool is a 25 metre long deck level pool and has 5 lanes with anti-turbulence ropes.

No AOE. Manual timing will be by 3 timekeepers per lane using lane timer sheets. Over the top starts will be used where necessary

Age as on day of meet: 13 May 2017

Please note: Ythan Swimming Club Gala will take place at the new Community Campus. The entrance to Ellon Community Campus is in the 40mph zone of the B9005 between the roundabout in Ellon town centre and the roundabout at the end of the dual-carriageway at Ellon. Parking will also be available round the back of the school in the staff carpark.

There will be no spectating on poolside but there is a viewing area with limited seating available.

Changing facilities are in the communal changing village. Lockers require a £1 coin and pool staff ask that outdoor shoes are not worn in the changing area. Shoes can be left at the entrance to the changing village or blue overshoes worn.

PHONES MUST NOT BE USED IN THE CHANGING ROOM OR ON POOLSIDE.

EVENTS WILL BE:

Individual Medley will be swum as 8yr old and over event. Medals will be awarded for 1st, 2nd and 3rd.

Individual events will be swum in 8-11yrs, 12-13yrs and 14+ age groups. Medals will be awarded for 1st, 2nd and 3rd in each age group.

8 x 50 Freestyle & Medley cannon relays.

The relays will consist of 8x50m freestyle and medley events – teams of 8 must include four boys and four girls and the total of the swimmers ages on the day of the meet must not exceed 100 years. Relay team members must also be swimming in an individual event. Each club may enter up to two teams in each relay event. The medley relay will be swum in the order: **Back, breast, fly, free, back breast, fly, free. Swimmers 1 & 5 will start in the pool.**

This is a graded meet and individual entry times must be slower than the stated cut-off times. Swimmers who achieve times faster than the cut-off times in an event following entry to this meet should be withdrawn from the event and a refund will be given. Swimmers with NT for an event will not be accepted, entry times must be competitive results or time trial times.

All events are heat declared winners. It may be necessary to restrict heats to keep the meet within time limits set per the District Regulations. Ythan ASC maintains the right to run a slower heat for our own swimmers. Marshalling for events and medals will be in the community centre adjacent to the pool.

Medals will be presented in all events for 1st, 2nd and 3rd places.

Points are awarded to teams for the first five places in individual and relay events. Trophies will be presented to the team with the greatest number of points at the end of the meet and to the most improved Ythan ASC boy and girl.

Swimmers who exceed the 5% cut off times will receive a special award.

Please note, for safety reasons, there is a limit of 80 persons on poolside, therefore swimmers will need to be supervised in the Community Area when not swimming or in marshalling. **The upstairs of the school and glass lift are strictly out of bounds.**

Swimmers must wear a t-shirt and pool shoes when leaving poolside as the Community Area will also be open to the public.

Session Times:

Session 1: Warm up 8:30am Start: 9:35am.

Session 2: Warm up 1:30pm Start: 2:35pm.

Entries

Entries must be made using Hy-Tek. The Hy-Tek events file is available on the North District website or from Nick and Alice Currie at ythanasc@outlook.com. Please send your Hy-tek entry file to Nick and Alice Currie at ythanasc@outlook.com

Entry forms and payment cheques (payable to Ythan ASC) should be sent to:

Alice Currie
9 Hopeman Close, Ellon, Aberdeenshire, AB418AZ
Tel: 01358 723425

Or we can now offer bank transfer if you prefer. Details as follows:

Account name: Ythan Amateur Swimming Club

Sort code: 80 06 71

Account number: 00968050

Reference for paying: 2017 Gala and your club name

Withdrawals

Withdrawals should be e-mailed to ythanasc@outlook.com before 5pm on Thursday 11th May 2017 and thereafter at the recorder's desk prior to each warm-up session.

Officials

The attached officials list should be completed and emailed to Lynne Duncan at Lynne.emslie@btinternet.com or sent to:

Lynne Duncan
50 Ness Circle, Ellon, Aberdeenshire, AB41 9BR
Tel: 01358 721627

We will endeavour to provide as many mentoring places as possible and this will be at the discretion of the meet referees.

Entry Fees:

£5.00 per individual event. £6.00 per Relay Team

Meals

A light buffet lunch will be provided for all officials and coaches.

Qualifying Times

This is a graded meet. Please see the attached sheet for the "Slower than" qualifying times.

Closing Dates

Electronic entries must be submitted by **Fri 14th April 2017**. Paperwork and payment should be received no later than 3 days after the closing date. No late entries will be accepted.

The closing date for official's sheets is **Tuesday 25th April 2017**.

ORDER OF EVENTS

SESSION 1

WARM UP 8.30am

START 9.35am

Event 101	Girls 8 + over	100m I.M.
Event 102	Boys 8/11	100m Back
Event 103	Girls 8/11	100m Back
Event 104	Boys 12/13	100m Back
Event 105	Girls 12/13	100m Back
Event 106	Boys 14 + over	100m Freestyle
Event 107	Girls 14 + over	100m Freestyle
Event 108	Boys 8/11	100m Butterfly
Event 109	Girls 8/11	100m Butterfly
Event 110	Boys 12/13	100m Butterfly
Event 111	Girls 12/13	100m Butterfly
Event 112	Boys 14 + over	100m Breaststroke
Event 113	Girls 14 + over	100m Breaststroke
Event 114	Mixed Open	8x50m Freestyle Cannon Relay

SESSION 2

WARM UP 1.30pm

START 2.35pm

Event 201	Boys 8+ over	100m I.M.
Event 202	Girls 8/11	100m Freestyle
Event 203	Boys 8/11	100m Freestyle
Event 204	Girls 12/13	100m Freestyle
Event 205	Boys 12/13	100m Freestyle
Event 206	Girls 14 + over	100m Butterfly
Event 207	Boys 14 + over	100m Butterfly
Event 208	Girls 8/11	100m Breaststroke
Event 209	Boys 8/11	100m Breaststroke
Event 210	Girls 12/13	100m Breaststroke
Event 211	Boys 12/13	100m Breaststroke
Event 212	Girls 14 + over	100m Backstroke
Event 213	Boys 14 + over	100m Backstroke
Event 214	Mixed Open	8 x 50m Medley Cannon Relay

YTHAN AMATEUR SWIMMING CLUB

**ENTRIES WILL BE ACCEPTED FROM SWIMMERS WHOSE PERSONAL BEST
TIMES ARE EQUAL TO OR SLOWER THAN THE TIMES BELOW.**

8/11YEARS

BOYS

GIRLS

100m	Freestyle	01:22:00	01:24:00
100m	Breaststroke	01:42:00	01:44:00
100m	Backstroke	01:32:00	01:34:00
100m	Butterfly	01:32:00	01:34:00

12/13 YEARS

BOYS

GIRLS

100m	Freestyle	01:14:00	01:16:00
100m	Breaststroke	01:34:00	01:36:00
100m	Backstroke	01:24:00	01:26:00
100m	Butterfly	01:26:00	01:28:00

14+ YEARS

BOYS

GIRLS

100m	Freestyle	01:06:00	01:08:00
100m	Breaststroke	01:28:00	01:30:00
100m	Backstroke	01:18:00	01:20:00
100m	Butterfly	01:22:00	01:24:00

OPEN

BOYS

GIRLS

100m	I.M.	01:20:00	01:22:00
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YTHAN ANNUAL MEET
Saturday 13 May 2017
Entry Summary Sheet

CLUB: -----

SECRETARY: -----

ADDRESS -----

TELEPHONE: -----

E-MAIL: -----

INDIVIDUAL ENTRIES @ £5.00 £.....

RELAY ENTRIES @ £6.00 £.....

TOTAL AMOUNT ENCLOSED £.....

N.B. Relay teams must consist of swimmers who have been accepted for at least one individual swim.

Declaration

I confirm that all swimmers entered into this meet are current paid up members of SASA.

Signed

Name

Position

RETURN TO Alice Currie
9 Hopeman Close
Ellon
Aberdeenshire
AB41 8AZ

